

ZAP YOUR BELLY FAT – HELP YOUR HEART

Zapping your belly fat may be good for your health, according to Brazilian aesthetic medicine expert, Dr Mario Cabral.

To speak at the 4th Annual 2010 Conference in Anti-Aging and Aesthetic Medicine in Melbourne on 20-22 August, Dr Cabral says patients who undergo “laser lipo” procedures to remove aesthetic belly fat often show reductions in the underlying “unhealthy visceral fat”.

Along with aesthetic results, the great majority of patients show improvement in lab results for unhealthy fat.

Dr Cabral will present a Brazilian study to demonstrate the aesthetic and health benefits of ultrasound removal of underlying belly fat.

“Aesthetic treatment can now treat not only on the body shape but also your health,” Dr Cabral said.

“An excess of this ‘visceral fat’ – the deepest underlying fat - can increase the risk of several diseases, including heart disease and some types of cancer.

“Using ultra sound devices, it is now possible to reach this deepest layer which is very resistant to weight loss.

“Through the use of a specific wave, the ultra sound device helps to break down this underlying fat.”

“Free fatty acids are then eliminated through electro-stimulation or through physical exercise.

“Because it is a fast, safe and non invasive way, it's been getting acceptance not only of women, but especially men, who tend to store more underlying visceral fat around the belly.

“Along with aesthetic results, patients greatly reduce their risk of developing life threatening diseases from this dangerous visceral fat.”

For more information or to register for the Conference visit www.a5m.net or phone +61 3 9813 0439.

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