

MENOPAUSAL WOMEN TURN TO BIOIDENTICAL HORMONES

Women are turning to bioidentical hormones to get them through the symptoms of menopause, according to hormone expert, Dr Alie Ajam.

Dr Ajam said thousands of women were left without hormonal support following alarming reports about increased breast cancer and cardiovascular risks from synthetic hormones.

To speak at the 4th Annual 2010 Conference in Anti-Aging and Aesthetic Medicine in Melbourne on 20-22 August, Dr Ajam says bioidentical hormones and custom pharmaceuticals have now given women new hope.

Dr Ajam will help to educate Australian doctors in this growing field of medicine. He will discuss the most recent research on how to treat perimenopause and menopause with bioidentical hormones.

“For many years doctors readily prescribed pharmaceutical synthetic hormones to women who were suffering from menopausal symptoms,” Dr Ajam said.

“But then the Women’s Health Initiative stated an increased risk of Breast Cancer and Cardiovascular complications from these hormones

“Doctors immediately stopped prescribing HRT for fear of litigation.

“While many women were willing to take the risk they were left to suffer without any medical support.

“Bioidentical hormones are ‘biologically identical’ in molecular structure to the hormone produced by the human body,” Dr Ajam said.

“They are usually prepared by a compounding pharmacist according to a doctor’s prescription. They can be prepared in different strengths and can be customised to each patient.

“Every patient is individual and doctors need specialised education to allow them to tailor a hormone balancing program to suit each patient.”

For more information or to register for the Conference visit www.a5m.net or phone +61 3 9813 0439.

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