



# Diplomate Certification

## In the New Clinical Medical Specialty of Anti-Aging Medicine



## Health Practitioners Program

The American Board of Anti-Aging Health Practitioners (ABAAHP) is a certification program of the American Academy of Anti-Aging Medicine. ABAHP issues Diplomate Certification to Doctors of Chiropractic (DC), Doctors of Dentistry (DDS), Naturopathic Doctors (ND), Registered Pharmacists (R.Ph.), Scientists (PhD and similar), Registered Nurses (RN), Nurse Practitioners (NP), Physician Assistants (PA), and Acupuncturists.



The American Board of Anti-Aging Health Practitioners was founded in 1999 to provide advanced education, representation, and specialty recognition of scientific and healthcare professionals. The long-term objective of ABAHP is to achieve formal sub-specialty recognition and a new status for anti-aging medicine and for those practicing it as qualified clinicians. Together, the A4M and ABAHP represent over 12,500 physicians from 75 nations in the new clinical specialty of anti-aging medicine.

### OVERVIEW OF THE CERTIFICATION PROCESS

The process involves the single step of a written examination, which demonstrates proficiency in several key areas of anti-aging medicine. Passing examinees and after completion of certification criteria a certificate is issued confirming their status as a Diplomate of Anti-Aging Medicine.

A4M strongly recommends that all interested candidates sign up as far in advance of the examination date as possible. All ABAHP examinees will benefit by a maximum timeframe during which you may familiarize yourself with study materials provided.

### THE VALUE OF ABAHP DIPLOMATE STATUS

The ABAHP program is the first certification program of its kind. It raises the standard of professional care and recognition offered by practitioners delivering integrative, complementary, and alternative healthcare as well as allied health professionals. By completing the ABAHP process, you receive specialty certification as a Diplomate practicing anti-aging medicine.

*Promote yourself as an ABAHP Diplomate in your listing at the online Physician's Directory on The World Health Network, [www.worldhealth.net](http://www.worldhealth.net)— the internet's leading anti-aging portal and official web site of the A4M. Secure new patients who are seeking the service you provide and the credentials you possess.*

**\*\*To maintain ABAHP certification, you must continue active membership in good standing in A4M.\*\***

For more information

A4M - TEL: +61 3 9813 0439 or E-MAIL: [enquiries@a4m.net](mailto:enquiries@a4m.net)

A4M - TEL: 888-997-0112 or E-MAIL: [boards@a4m.com](mailto:boards@a4m.com)



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### CRITERIA FOR ABAAHP DIPLOMATE STATUS

The following criteria must be completed before diploma is issued, however, candidates can sit for the board exam prior to completion:

- Membership in the American Academy of Anti-Aging Medicine (A4M)
- Attendance at two or more consecutive A4M- approved/sponsored conferences
- An active, licensed Health Care Professional registration with any state, or a Ph.D. with a University affiliation, or a Ph.D. actively pursuing research in the field of medicine
- Curriculum Vitae (CV) or Resume demonstrating a minimum of 5 years of clinical practice experience (residency training applicable)
- No significant disciplinary actions against the applicant, or a written appeal including full disclosure of all disciplinary actions accompanied by a full explanation of those actions accompanied by a request for a waiver of this requirement
- At least 150 hours of Continuing Medical Education (CME)/ CEU credits referable to the clinical practice and some aspect of preventive medicine, anti-aging medicine, nutritional medicine or diagnostic medicine during the past eight years. In nations where CME is not offered, exception to this requisite may be granted on an individual basis, as determined by case-by-case review by the ABAAHP Board.
- Submission of 5 multiple-choice examination questions, with correct answers supported by medical/scientific references. Please write down the references for each individual question
- Passing score on written examination section
- Payment of all mandatory board examination fees and annual certification fee

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### WRITTEN EXAM DETAILS



**DURATION OF EXAM:** 3 hours

**OFFICIAL LANGUAGE OF EXAM:** English

**EXAM CONTENT:**

- Mechanisms of Aging and Disease & Lifespan Research	7%
- Cardiovascular Disease: Diagnostics, Prevention, and Therapeutic Interventions	14%
- Cancer: Epidemiology, Assessment, and Risk factors	10%
- Cognitive Diseases & Impairments: Diagnostics, Prevention, and Therapeutic Interventions	9%
- Diabetes, Metabolic Syndrome, and Obesity: Diagnostics, Prevention, and Therapeutic Interventions	8%
- Respiratory Diseases: Diagnostics, Prevention, and Therapeutic Interventions	9%
- Musculoskeletal Diseases & Impairments: Diagnostics, Prevention, and Therapeutic Interventions	7%
- Skin Aging: Assessment and Therapeutic Interventions	7%
- Regenerative Medicine & Advanced Biomedical Technologies	10%
- Demographics and Trends in Aging & Disease	9%
- Nutritional Interventions	10%

**RECOMMENDED RESOURCES:** The ABAAHP Review Kit (available from A5M)

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### **FREQUENTLY ASKED QUESTIONS**

#### **What is the value of being Diplomate in anti-aging medicine?**

ABAHP certification denotes recognition in the fastest-growing new high-tech medical specialty. It demonstrates to your patients that you have taken an active interest in the science of longevity. In addition, the exam helps to ensure anti-aging physicians have grasped the essentials relating to the clinical application of anti-aging medical care. Because the criteria for maintaining ABAHP credentials include attending anti-aging scientific conferences and completing 150 hours of CME credits, Diplomate status underscores and enhances the physician's commitment to receiving ongoing medical education. ABAHP Diplomates can readily establish their practices as leading facilities for anti-aging healthcare, by receiving new patient referrals from patients seeking qualified anti-aging doctors via A4M and the World Health Network ([www.worldhealth.net](http://www.worldhealth.net)).

#### **How should I prepare for the exam?**

It is highly recommended that you purchase the ABAHP Review Materials. Read all of the books and media supplied in the review kit, then establish a confident comprehension of the Study Guide. Finally, practice by taking the test review questions in the exam workbook. Based on the decision of the Board of Directors past examination questions will not be available in order to safeguard of integrity of the exam process.

#### **Do I have to complete all the requirements before I take the exam?**

No, membership in good standing in A4M, your application, and payment will start the process and you can sit for the exam. The Board Registrar will work with you obtaining the remainder of your requirements.

#### **I took the Exam. When will I know my score?**

Grading of ABAHP Written Exam is completed within 4 to 6 weeks of the date on which the exam was administered. The Board Registrar notifies each examinee of their score. On a case-by-case basis for examinees who fail the written exam, the examinee may request (at additional cost to examinee) the ABAHP Review Committee to conduct a Deficiency Analysis. This analysis presents a segmented summary of the knowledge deficits of the examinee as demonstrated by performance on the exam.

#### **Do I have to take on Oral Exam as well?**

ABAHP only requires completion of a written exam to achieve Diplomate certification. The American Board of Anti-Aging /Regenerative Medicine (ABAARM), however has a certification program that requires both an oral and a written exam. To meet the requirements for ABAARM, the physician must have a medical professional designation of M.D., D.O., or M.B.B.S., with an unrestricted license to practice all aspects of medicine and surgery.

For more information

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### ABAAHP BOARD EXAM REVIEW KIT

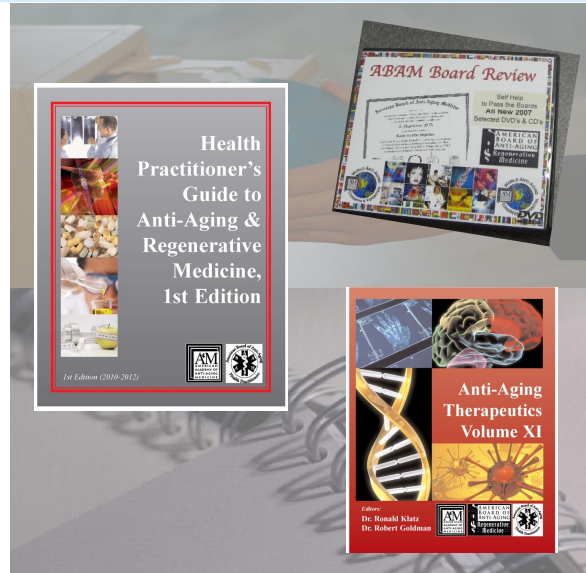
This specially bundled kit of educational materials is assembled to help physicians prepare for the ABAAHP Board Exam. The review kit includes the Study Guide, multimedia (DVDs and CDs), and selected books. The ABAAHP review kit is not only essential in preparing for the exam, but also a valuable resource in your reference li-

\$785.00

### YOUR ABAAHP EXAM REVIEW KIT INCLUDES:

- **ABAAHP: Healthcare Practitioner Guide**
- **Therapeutics Volume 11 (book)**
- **Therapeutics Volume 10 (book)**
- **Therapeutics Volume 9 (book)**
- **Exam Workbook (sample questions)**
- **Board DVD Set (2009 update, i.e. 2010-2012 Edition )**

**Only \$785** (a \$1000 value)



*Shipping & Handling of \$15.00 will be added for domestic orders. For overseas orders, please call for shipping costs. If you have any additional questions concerning the review materials, please contact the A5M Office +61 3 9813 0439 or enquiries@a5m.net*

#### Shipping Information

Title \_\_\_\_\_ First Name: \_\_\_\_\_ Surname: \_\_\_\_\_

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