



<b>3rd ANNUAL ANTI-AGEING &amp; AESTHETIC MEDICINE CONFERENCE</b> <b>Pre-Conference Workshop</b> <b>02 October 2009, Mercure Hotel, Melbourne</b>		
<b>Adult Hormone Deficiencies – the Nuts &amp; Bolts of Treatment Optimisation</b> <b>Dr Ron Rothenberg, MD, ABAARM</b> <b>PROGRAM OUTLINE</b>		
0745h – 0845h	<b>REGISTRATION</b>	
0845h – 0900h	Welcome and Introduction	Mr Bill Anton
0900h – 0930h	Introduction to Adult Hormone Deficiencies	Dr Ron Rothenberg
0930h - 0945h	Thyroid Optimisation	Dr Ron Rothenberg
0945h – 1015h	Testosterone Deficiency – Male / Female	Dr Ron Rothenberg
1015h – 1030h	Estrogen, Progesterone Deficiency – Female	Dr Ron Rothenberg
1030h – 1100h	Question & Answer Session	Dr Ron Rothenberg & Dr Tessa Jones
<b>1100h – 1130h</b>	<b>MORNING TEA</b>	
1130h – 1230h	<b>Case Studies:</b> Participants to discuss history and assessment of laboratory values (Participants to obtain lab reports prior to session to interpret)	Dr Ron Rothenberg
	Identification of Hormone Deficiencies and Laboratory Interpretations	Dr Ron Rothenberg
1230h – 1300h	Question & Answer Session	Dr Ron Rothenberg & Dr Tessa Jones
<b>1300h – 1400h</b>	<b>LUNCH</b>	
1400h – 1600h	<b>Case Studies:</b> Continuation of Treatment Options	Dr Ron Rothenberg
	- With Prescribing Guidelines	
	- Nutritional Supplementation if required	
	- Review / Re-assessment Guidelines	
- Trouble-shooting		
<b>1600h – 1630h</b>	<b>AFTERNOON TEA</b>	
1630h – 1715h	Nuts & Bolts of Hormone Treatment	Dr Ron Rothenberg
	Review of Treatment Algorithms	Dr Ron Rothenberg
1715h – 1730h	Question & Answer Session	Dr Ron Rothenberg & Dr Tessa Jones
<b>END OF WORKSHOP</b>		

\*updated as of 21 Sept 2009, program is correct at time of publication and will be subject to change at the organiser's discretion