



The AustralAsian Academy of Anti-Ageing Medicine
 3rd Annual Anti-Ageing & Aesthetic Medicine Conference
 "Changing Paradigms in Medicine"
 3 - 4 October, 2009 Sofitel on Collins, Melbourne



Saturday 3 October	
Plenary Session	
Welcome and Opening	Dr Michael Zacharia
An Introduction to Anti-Ageing Medicine	Dr Bob Goldman (USA)
An Introduction to Adult Hormone Deficiencies	Dr Ron Rothenberg(USA)
The Law and Anti-Ageing Medicine - The Medico-Legal View	Ms Kate Booth (Aust)
Genomics Providing Insights into Anti-Ageing	Prof Brian Morris (Aust)
Stem Cells: The Real Anti-Ageing Hope??	Dr Farid Nassif (Aust)
Harvesting Stem Cells and what to do with them	Dr Ralph Bright (Aust)
Stem Cell, an Opportunity for Regenerative Medicine	Dr Ron Rothenberg(USA)
Changing Paradigms in Medicine Panel Discussion	Dr Paul Bergamo
Internal Stream	
Olympic Sports, Fitness & Ageing	Dr Bob Goldman (USA)
Hormone Myths	Dr Ron Rothenberg(USA)
Inflammation, Insulin and Hormones -How these intersect to determine the journey that defines Ageing	Dr Michael Elstein (Aust)
The Biochemistry of Ageing	Mr Bill Anton (Aust)
Cortisol and Thyroid Hormone - Why they are pivotal to the Anti-Ageing Saga?	Dr Michael Elstein (Aust)
Stress, Telomeres and Botanical Medicine,	Dr Daniel Weber (Aust)
Oestrogen, Testosterone, Growth Hormone, IGF-1, Stem Cells and Cancer. How this Complex Dance Governs Ageing.	Dr Michael Elstein (Aust)
Aligning Mars & Venus using Nutritional Medicines	Dr Stephen Eddy (Aust)
External Medicine	
The combination of internal nutritional supplementation and external galvanics for optimal skin tightening	Dr Marilyn Golden (Aust)
Bioplasty™: A natural approach of cosmetic medicine"	Dr Simo Fassi-Fihri (Aust)
Anti-Aging: The Cure based on your Body Type	Manon Pilon (Canada)
My approach to the ageing skin	Dr Ashley Granot (Aust)
Ageing of Skin: What are the newest trends in rejuvenation	Manon Pilon (USA)
Stem Cells in Skin Rejuvenation	Dr. Janethy Balakrishnan (Malay)
The Conference Program is correct at time of Printing and is subject to change at the discretion of the Conference Organising Committee.	

Sunday 4 October

External Medicine Stream

IV Vitamins in Anti-ageing Medicine	Dr Ian Dettman (Aust)
Your Gut and Your life; Make Them Work for You	Dr Daniel Weber (Aust)
Multiphasic, rhythmic and Sequential Dosing of E2 and P4	TS Wiley (USA)
Testosterone Replacement Therapy in men & Women: Benefits, potential Risks, and Practical Algorithms	Dr Ron Rothenberg(USA)
Clinical Approach to Pathology Lab Testing	Dr Nathan Francis (Aust)
The Role of Hormones in Erectile Dysfunction in Men and Loss of Libido in Women	Dr Peter Tunbridge (Aust)
Obesity – Our Health is Collapsing Under Our Own Weight	Dr Greg Petersburg (USA)
The Role of HCG in Weight Loss	Dr Conrad Hicks
The Role of the MTHFR Polymorphism in Oestrodiol Metabolism	Daniel Baden (Aust)
Environmental Toxins / How To Detoxify Yourself	Dr Selvam Rengasamy (Indo)
Rhythmic Dosing in the Treatment of Male Hormone Deficiency	TS Wiley (USA)
Identifying and Treating an Anti-Ageing Patient in General Practice	Dr Caroline Low (Sing)
Hyperinsulinemia - A Dangerous Path To Many Chronic Degenerative Diseases And Malignancies.	Dr Selvam Rengasamy (Indo)
Andropause - Management in a General Practice	Dr Caroline Low (Sing)

Internal Medicine Stream

Women, Beauty and Sleep	Mr Henry Oscieki (Aust)
The use of Protein Rich Plasma in Skin Rejuvenation	Dr Michael Zacharia (Aust)
New Advances in prescriptive SkinCare	Daryll Knowles
Pain management in Photodynamic Therapy	Assoc Prof P Smith
	Dr Janethy Balakrishna (Malay)
Allergan workshop	

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