



The 4th Annual Anti-Ageing & Aesthetic Medicine Conference
“Prevention: The future of Health & Medicine”
21 – 22 August, 2010. Sofitel Melbourne on Collins

21 August 2010, SATURDAY				21 August 2010, SATURDAY			
START	FINISH	SESSION	SPEAKER	START	FINISH	SESSION	SPEAKER
PLENARY SESSION				PLENARY SESSION			
8:00	8:10	Introduction and Welcome	Dr Michael Zacharia & Bill Anton	8:00	8:10	Introduction and Welcome	Dr Michael Zacharia & Bill Anton
8:10	8:40	Official Conference Opening	Prof Chen Chen (NSW)	8:10	8:40	Official Conference Opening	Prof Chen Chen (NSW)
8:40	9:00	Anti-Ageing/Regenerative Medicine: The Future of Healthcare	Dr Robert Goldman (USA)	8:40	9:00	Anti-Ageing/Regenerative Medicine: The Future of Healthcare	Dr Robert Goldman (USA)
9:00	9:30	A Deeper Insight into Genetic Testing in Preventive Medicine	Dr Michael Klentze (Germ)	9:00	9:30	A Deeper Insight into Genetic Testing in Preventive Medicine	Dr Michael Klentze (Germ)
9:30	10:00	A Case for Adrenal Fatigue or Non-Addison's Hypoadrenia	Dr James Wilson (USA)	9:30	10:00	A Case for Adrenal Fatigue or Non-Addison's Hypoadrenia	Dr James Wilson (USA)
10:00	10:15	Q & A	Panel	10:00	10:15	Q & A	Panel
10:15	10:30	A5M Fellowship Awards Ceremony	Advisory Board	10:15	10:30	A5M Fellowship Awards Ceremony	Advisory Board
10:30	11:00	Break		10:30	11:00	Break	
INTERNAL MEDICINE STREAM				EXTERNAL MEDICINE STREAM			
11:00	11:30	Stem Cells - from Bench to Bedside	Dr Michael Klentze (Germ)	11:00	11:30	The Good, The Bad and The Ugly: Protein, Sugar and Light done Right	Dr Martin Braun (CA)
11:30	12:00	Common Biochemical Pathways in Disease and Ageing	Mr Henry Osiecki (QLD)	11:30	12:00	New Trends in the Treatment of Visceral Fat	Dr Mario Cabral (Brazil)
12:00	12:30	Mitochondria - Preventive Medicine at Cellular Level	Dr Selvam Rengasamy (Malaysia)	12:00	12:30	Rosacea, Acne and Sensitive Skin: The Scientific Causes and Solutions	Ms Manon Pilon (CA)
12:30	13:00	Epigenetics – Fast Moving Genes on the Darwinian Freeway	Dr Robin Willcourt (SA)	12:30	13:00	Regenerative Medicine: Skin Rejuvenation using the Biological Route with PRP	Dr Herbert Hooi (NSW)
13:00	14:00	Lunch		13:00	14:00	Lunch	
13:30	14:30	Ondamed Workshop in Victoria Suite Sponsored by Device Consulting	Dr Silvia and Dr Rolf Binder (USA)	13:30	14:30	Ondamed Workshop in Victoria Suite Sponsored by Device Consulting	Dr Silvia and Dr Rolf Binder (USA)
14:00	14:30	Gut Health for Healthy Ageing	Dr Nathan Francis (WA)	14:00	14:30	Hyperpigmentation and Melasma - Treatment Options without Hydroquinone	Ms Manon Pilon (CA)
14:30	15:00	Designer Diets for Perfect Health	Ms Jennie Burke (NSW)	14:30	15:00	Non Invasive Facial Rejuvenation	Dr Mario Cabral (Brazil)
15:00	15:30	The Use of HCG for Weight Loss	Dr Conrad Hicks (USA)	15:00	15:30	How to Optimize your Skin - the Benefits of Treatment Planning	Dr Greg Goodman (VIC)
15:30	16:00	Nutritional Triage	Mr Henry Osiecki (QLD)	15:30	16:00	The Perfect Lip	Dr Martin Braun (CA)
16:00	16:30	Break		16:00	16:30	Break	
16:30	17:00	Female Hormone Treatment made Simple	Dr Alie Ajam (NSW)	16:30	17:00	Full Facial Assessment and Attractiveness in a Female Face	Dr Greg Goodman (VIC)
17:00	17:30	Vagal Tone and Psychosocial Stress	Dr Daniel Weber (NSW)	17:00	17:30	Skin Cancer: Risks, Early Diagnosis and Management	Dr Farid Nassif (NSW)
17:30	18:00	The Role of Hormones in Psychiatric Disease	Dr Peter Tunbridge (SA)	17:30	18:00	Orthodontic Appliance Therapy: A Multidisciplinary Approach in Anti-Ageing Medicine	Dr Derek Mahony (NSW)
END OF SESSION				END OF SESSION			
CONFERENCE COCKTAIL PARTY @ SOFI'S LOUNGE 18.00 - 20.00				CONFERENCE COCKTAIL PARTY @ SOFI'S LOUNGE 18.00 - 20.00			

RACGP QA&CPD Activity Number: 749077 28 Cat 2 Points





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22 August, 2010 SUNDAY				22 August, 2010 SUNDAY			
START	FINISH	SESSION	SPEAKER	START	FINISH	SESSION	SPEAKER
INTERNAL MEDICINE STREAM				EXTERNAL MEDICINE STREAM			
8.30	9.00	Adrenal Function in Chronic Fatigue Syndrome and Fibromyalgia	Dr James Wilson (USA)	8.30	9.00	Photobiomodulation of Pain and Chronic Inflammation using Laser Therapy	Ms Tina Czech (NSW)
9.00	9.30	Intergrative Medicine in General Practice	Dr Robyn Cosford (NSW)	9.00	9.30	Topical Local Anaesthetics	Mr Daryll Knowles (NSW)
9.30	10.00	Quelling the Diabetes Epidemic: Harnessing the Power of Nutrigenomic Medicine	Dr Christine Houghton (QLD)	9.30	10.00	The use of Electromagnetic Therapy for Rapid Post Surgical Healing	Dr Michael Zacharia (NSW)
10.00	10.30	Enhancing Methylation- Essence to Health and Longevity	Dr Selvam Rengasamy (Malaysia)	10.00	10.30	Watch the Signs, not the Dollars	Dr Ashley Granot (VIC)
10.30	11.00	Break		10.30	11.00	Break	
11:00	11:30	Breast Cancer Risk -A clinical Approach using SNPS	Dr Michael Klentze (Germ)	11:00	11:30	The Integration of Internal and External Medicine for Better Outcomes	TBA
11:30	12:00	Megavitamin Therapy and Cancer	Dr Ian Dettman (VIC)	11:30	12:00	Low Fluence High Repetition Rate Diode Laser Hair Removal - Painfree and Permanent	Dr Martin Braun (CA)
12:00	12:30	Vitamin D: The Ultimate Anti-Ageing Hormone	Dr Ian Katz (NSW)	12:00	12:30	The Ultimate GI Program, Hormones and Liposuction	Dr Georgina Konrat (QLD)
12:30	13:00	Homocysteine as a Cardiovascular Risk Factor Revisited	Dr Alie Ajam (NSW)	12:30	13:00	Man-Boobs: The Story & Treatment	Dr Ashley Granot (VIC)
13.00	14.00	Lunch		13.00	14.00	Lunch	
14.00	14.30	Thyroid Optimisation for Health and Disease Prevention	Ms Debora-Dale Young (NZ)	14.00	15.00	Live Botox Workshop	Dr Martin Braun (CA)
14.30	15.00	Man-opause	Dr Denis Rebic (VIC)			Workshop Sponsored by Allergan	
15.00	15.30	Metabolic Syndrome and Adrenal Fatigue: The Cortisol Tightrope Walk	Dr James Wilson (USA)			Juvaderm Workshop- The Lip Workshop Sponsored by Allergan	
15.30	16.00	Break		15.30	16.00	Break	
16.00	16.30	The Cornerstone of Anti-Ageing Medicine: Diet, Nutrition, Exercise & Hormone Treatment	Dr Dodson (USA)	16.00	16.30	Periocular Lines Trial with Autologous Cellular Regeneration Platelet Rich Plasma	Dr Michael Zacharia (NSW)
16.30	17.00	A Systems Approach to Longevity	A/Prof Paul Taylor (VIC)	16.30	17.30	Platelet Rich Plasma For Tissue Regeneration	Dr Herbert Hooi (NSW)
17.00	17.30	Anti-Ageing Medicine - The Practice	Mr Bill Anton (VIC)			Workshop sponsored by AMSL	
END OF SESSION				END OF SESSION			

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