

| SATURDAY | | | | | |
|--------------|--------------|---|---|-------|---|
| 8:30 | 8:45 | WELCOME | | | |
| 8:45 | 9:15 | An Introduction to Antiageing Medicine | Dr Bob Goldman (USA) | | |
| 9:15 | 9:50 | Somatopause - Nuances and Treatment Strategies | Dr Mark Gordon (USA) | | |
| 9:50 | 10:20 | The law and antiageing medicine - the medicolegal view | Ms Kate Booth (AU) | | |
| 10:20 | 10:30 | Questions and Answers | Dr Goldman/ Dr Gordon / Ms. Booth | | |
| 10:30 | 11:00 | Break | | | |
| 11:00 | 11:30 | The brain as a muscle- how to achieve optimal brain performance What is beauty? | 11.00 | 12.00 | Tai Chi for Health Improvement Dr Paul LAM (AU) |
| 11:30 | 12:00 | Treating Brain Trauma with Growth hormone Compounding Pharmaceuticals in Antiageing and Skincare | Dr Mark Gordon (USA) Mr Daryll Knowles (AU) | | |
| 12:00 | 12:30 | Neurotransmitters relevant to mood disorders Nutraceuticals and Skin Function | 12.00 | 13.00 | Lip Enhancement with Juvederm Dr Ava SHAMBAM (USA) |
| 12:30 | 13:00 | Regenerative medicine(placenta extracts and stem cell therapies) Genomics of the Skin and Hair - New Frontiers in Cosmetic Medicine | Dr. Janethy Balakrishnan (MY) Dr Fernando Cortizo (AU) | | |
| 13:00 | 14:00 | Lunch | | | |
| 14:00 | 14:30 | The Gastrointestinal Tract, Ageing and Probiotics Stem Cells and Plasma Rich Protein for Skin Rejuvenation | 14.00 | 15.00 | Anti-Ageing Case Studies Dr. Michael Elstein (AU) |
| 14:30 | 15:00 | Chronic Fatigue and Fibromyalgia Peptide Therapies for Skin | Dr Tania Ash (AU) Mr Daryll Knowles (AU) | | |
| 15:00 | 15:30 | Recent advances in growth hormone research Skin tightening- what really works | 15.00 | 16.00 | Medical Imaging- how to take a medical photograph Ted Photography (AU) |
| 15:30 | 16:00 | Hormones and their impact on the ageing process Photodynamic Photothermage Facelift | Dr Michael Elstein (AU) Dr Joseph Georghy (AU) | | |
| 16:00 | 16:30 | Break | | | |
| 16:30 | 17:00 | Genes and the Diet Skin Cancer - Australian trends and treatments | 16.30 | 18.00 | Mid-face revolumising with Juvederm Dr Ava SHAMBAM (USA) |
| 17:00 | 17:30 | Stem Cells in Antiageing Medicine Fraxel Laser - Most Current Treatment of the Face | Prof Mel Sydney Smith (AU) Dr Ian Katz (AU) Dr Bob Goldman (USA) Dr Mei Tan (AU) | | |
| 17:30 | 18:00 | Nutrigenomic Assessment Demystifying weight loss | Dr Fernando Cortizo (AU) Dr. Janethy Balakrishnan (MY) | | |

| SUNDAY | | | | SUNDAY WORKSHOP | | |
|--------------|--------------|---|--|-----------------|---|--|
| 9.00 | 9.30 | Zinc and Anti-Ageing The antiaging process of nocturnal detoxification | Dr Michael Elstein (AU) Dr Reza Samvat (AU) | | | |
| 9.30 | 10.00 | Resveratrol the anti-ageing supplement The BVM Model | 9.00 | 10.30 | How to establish a state of the art antiageing/cosmetic clinic Dr. Joseph Georghy (AU) | |
| 10.00 | 10.30 | Vitamin D in Age Management NeuroCranial Restructuring | Mr Henry Oscieki (AU) Dr Peter Babilis/Dr Greg Schreuewer | | | |
| 10:30 | 11:00 | Break | | | | |
| 11:00 | 11:30 | Cancer as a Mitochondrial Disease Comparison of Fillers, made easy... You Decide | 11.00 | 12.00 | Basic Lab Testing in Antiageing Medicine Bill Anton (AU) | |
| 11:30 | 12:00 | Eostrogen metabolism relevant to the cancer risk assessment Current use of threads for face lifting | Dr Janelle Sinclair (NZ) Dr Joseph Hkic (AU) | | | |
| 12:00 | 12:30 | Personalised cancer treatment with genomics The Limbic Diet | 12.00 | 13.00 | Low Chemical Diet and Antiageing - a case study approach Dr. Paul Bergam (AU) | |
| 12:30 | 13:00 | Inflammation assessment and treatment options Holistic Dentistry and Anti-aging | Prof Bob Allan (AU) Dr Ron Ehrlich (AU) | | | |
| 13:00 | 14:00 | Lunch | | | | |
| 14:00 | 14:30 | Thyroid hormone replacement therapy Chelation Therapy and Heavy Metals | 14.00 | 15:00 | The effect of Tai Chi & Quigong medical exercise on patients with & at risk of diabetes Dr. Liu Xin (AU) | |
| 14:30 | 15:00 | Integrated medicine for the prevention and reversal of memory loss Metabolism, Skeletal Muscle, Physical Activity and Ageing | Dr Jacques Duff (AU) Dr Luis Vitetta (AU) | | | |
| 15:00 | 15:30 | Inflammation & Essential Fatty Acids - Quenching the Neuronal Fire with Oils Female hormone replacement therapy | 15.00 | 16:00 | Case Studies in Nutritional Medicine Prof Mel Sydney Smith (AU) | |
| 15:30 | 16:00 | Health Reform- How antiageing medicine MUST change the current medical system Difference between bioidentical and synthetic hormones | Dr Paul Bergamo (AU) Mr Daryll Knowles (AU) | | | |
| 16:00 | 16:30 | Break | | | | |
| 16:30 | 17:00 | Men's Health & Anti-Ageing Food Allergies vs Sensitivities | 16.30 | 18:00 | | |
| 17:00 | 17:30 | Testosterone in treating diabetes and heart disease Adrenal Fatigue | Dr Mark Gordon (USA) Mr Bill Anton (AU) Dr Denis Rebic (AU) Dr Tania Ash (AU) | | | |
| 17:30 | 18:00 | Nutrition/Herbs/Diet for Male performance/libido The Role of Aldosterone in Hypertension | Daniel Baden (AU) Bill Anton (AU) | | | |